

# WomenSpirit 2010 Schedule

## Friday, September 17

- 3:00 – 5:30 p.m. Registration check-in at Aspen Lodge
- Game tables set up for Scrabble, Bridge, Poker, Cribbage, Boggle . . .
- 5:30 – 6:30 p.m. Dinner (optional)
- 7:00 – 9:00 p.m. Opening Ceremony
- NOW Video
  - Dances of Int'l Peace
  - Funky Fun Shop
  - Social

## Saturday, September 18

- 7:00 – 8:00 a.m. Tai Chi and Chi Gong with LeeAnn Meadows
- 8:00 – 8:45 a.m. Breakfast
- 9:00 – 10:15 a.m. Shank Button Bracelets with Judy Gillen
- 10:30 – 11:45 p.m. Belly Dancing with Wanda Waakanen
- 12:00 – 12:45 p.m. Lunch
- 1:00 – 5:00 p.m. Reiki with Patti McClure

OR

- 1:00 – 2:00 p.m. Lecture on Women's Health with Dr. Mildred Rowley
- 2:15 – 3:45 p.m. Needle Felting with Diane Taylor
- or Singing/Music with Jan Thompson & Catherine Massey
- 4:00 – 5:15 p.m. Devil Sticks with Lynn Hurd
- or Meditation with Reba Montera
- 5:30 – 6:15 p.m. Dinner
- 7:00 p.m. Talent/No Talent Show

## Sunday, September 19

- 7:30 – 8:00 a.m. Meditation with Reba Montera
- 8:00 – 8:45 a.m. Breakfast
- 10:00 a.m. Closing Ceremony